

# H O E D O W N

October 2022



Photo submitted by JoAnne Abbott

## Board members 2022

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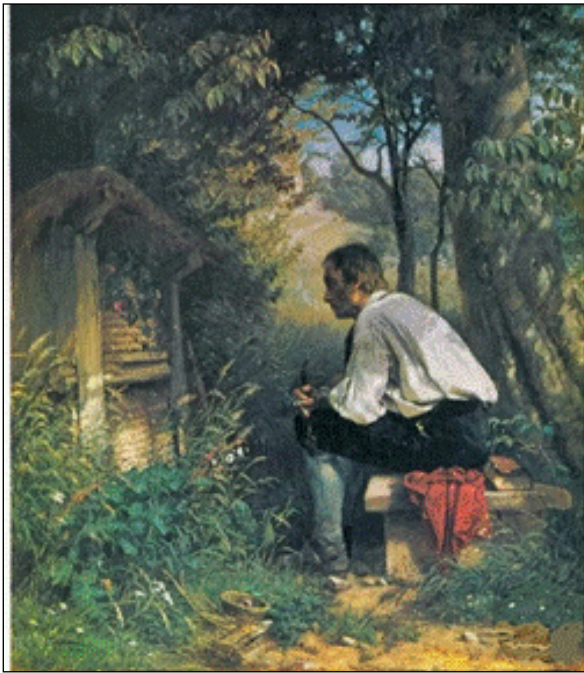
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## President's message



When so much in my life and the world seems in transition, I turn to the past to find a calming future. I recently found this ancient English tradition to be gently comforting.

The U.K. Daily Mail reports that the "royal beekeeper has informed the Queen's bees that the Queen has died." [the Buckingham Palace beekeeper] had placed black ribbons tied into bows on the hives before telling them in hushed tones that the queen had died and that they would have a new master.



...Some beekeepers, say "telling the bees" is a standard practice that goes back centuries, with potentially grave consequences if not followed.

The tradition holds that bees, as members of the family, should be informed of major life events in the family, especially births and deaths... The practice is more commonly known in Britain but is also found in the United States and other parts of Europe...neglecting to tell the bees could lead to various misfortunes, including their death or departure, or a failure to make honey. [NY Times 9/13/22]

As the leadership of the Central Oregon Master Gardener Association changes this winter, we can be sure that sincere hearts and steady hands will follow our own traditions, meeting the needs of OSU Horticulture and the Central Oregon community (I'm counting on Toni to tell the bees).

Nancy Glick

## ***COMGA Calendar*** ***for contact persons go to [gocomga.com](http://gocomga.com)***

### **October**

- 4 OSU Demo Garden workday, 9:00am
- 4 Gardening Get Good at it, 88.9 FM, 9-9:30am
- 6 Board meeting, 10:00am
- 8 Blog: Gardening in Central Oregon
- 13 Hollinshead Water-wise workday & meeting 10:00am
- 15 Hollinshead Community Garden closing, 10:00am
- 16 Discovery Community Garden closing, 9:00am
- 16 Hollinshead Community Garden closing, 10:00am
- 18 OSU Demo Garden workday, 9:00am
- 20 Discovery CG mentor meeting & workday, 6:00pm
- 22 Blog: Gardening in Central Oregon
- 27 Hollinshead Water-wise workday & meeting, 10:00am

### **November**

- 1 Gardening Get Good at it, 88.9 FM, 9-9-30am
- 3 Board meeting, 10:00am
- 12 Blog: Gardening in Central Oregon
- 26 Blog: Gardening in Central Oregon

### **December**

- 6 Gardening Get Good At It, 889 FM, 9-9:30am
- 10 Blog: Gardening in Central Oregon
- 24 Blog: Gardening in Central Oregon



## **You may never be "discovered" for motion pictures but you can be on the radio in Bend!**

The Master Gardeners have a monthly gardening radio spot on the community supported radio station KPOV 88.9 FM ([www.kpov.org](http://www.kpov.org)). Our four minutes provide a small window into all the techniques of gardening as well as the highlights of growing beautiful and productive gardens in Central Oregon. Our aim is to have fun, to inform and to lead home gardeners to all that OSU Extension Horticulture has to offer.

Would you like to be on the radio? Training is quick and easy and you could be on-air as soon as the month of November! Contact Nancy Glick ([nglick@bendcable.com](mailto:nglick@bendcable.com) 541-668-0224) for more information and a tour of the station.

## PLANT OF THE MONTH

by Lisa Nakadate and Julie Hill

### Featured Plant - Wild Mock Orange

*Philadelphus lewisii*

Height: 5 - 8'  
 Spread: 5 - 8'  
 Flower: White  
 Bloom time: April - July



### Why Should I Plant Wild Mock Orange in My Garden?

- Upright, compact shrub with green glossy leaves, covered with white flowers when in full bloom in spring.
- Flowers have a sweet fragrance similar to orange blossoms.
- Deer and fire resistant.
- Oregon native.
- Provides winter forage for elk and deer, as well as nesting for birds. Attracts butterflies and pollinators.
- It is not susceptible to serious diseases or stresses.

### Information Sources

Oregon State University Landscape Plants: <https://landscapeplants.oregonstate.edu>  
 Lady Bird Johnson Wildflower Center: [https://www.wildflower.org/plants/result.php?id\\_plant=PHLE4](https://www.wildflower.org/plants/result.php?id_plant=PHLE4)

## Hollinshead Water-wise Garden

by Pat Kolling and Chris Miao

Fall is here, even though the temperature in Bend is in the 80's. The water-wise garden is slowing down, and the amount of work needed to maintain the garden is slowing down as well. But our work is not over yet! We continue to document updates and work performed in the garden on our workday reports.

For example, we document things like bloom time, our research regarding pests and how we address pest issues, and when pruning and other care was completed. These reports will then be used for future planning and be included in next year's Care Reports for each part of the garden.

Deer have made their presence known in the garden once again, with the bark of our new crabapple damaged by the antlers of a deer rubbing the bark. We have wrapped the tree with a netting to prevent further damage to the young tree. We will be planting spring bulbs when the soil cools. We will be planting muscari and some narcissus varieties later this month. This will add to early spring interest in the garden and demonstrate the use of bulbs as water-wise plants. We will also be adding additional mulch to the garden in November to prepare of the winter months.

Come and visit the garden!

## Discovery Park Community Garden



Yesterday Discovery Community Garden volunteers got together at the community garden for a work session. Bend Parks had delivered several yards of fresh wood chips that needed spreading. Seven volunteers arrived right on time and made short work of the task. Thanks Volunteers! There is one more work session to take place after the garden closes on October 16<sup>th</sup>, where volunteers will put the finishing touches on the garden to have it ready to withstand the winter winds and storms. Many gardeners have already done the work to prep their beds, and some garlic has been planted. Again this year, gardeners who have opted to purchase and use multiyear plastic film, will be allowed to leave it installed through the winter. Results from this last year look promising in finding something that will not weather and deteriorate in one season. As we all know, every year throws a different combination of conditions at we gardeners....some not so favorable. A bright spot this year has been the success the garden has had ripening tomatoes. I'm not sure the garden has seen this many orange to red tomatoes in October in recent memory. Warm, sunny weather following an early light frost seems to have done the trick.

In a couple of weeks the garden will be put to bed, and we'll be dreaming about all of those wonderful veggies we enjoyed all summer long. Happy Fall!

Gary Weber

Contact [discovery@gocomga.com](mailto:discovery@gocomga.com)

## Hollinshead Community Garden

by JoAnne Abbott

The Hollinshead Community Garden (HHCG) closing weekend is upon us. Gardeners must have their plots cleaned out and adjacent pathways must be clear of all weeds by 1:00 pm on October 16. You might remember, back in 2020, we had a rotation for when gardeners could be in the garden due to COVID restrictions. It was then we started the "clean your own plot and adjacent pathways", rather than the mandatory 2-hour work period for opening and closing days. The 'clean your own plot' worked *SO* well, we have continued this process for opening and closing weekends. Most of our plot renters agree that this is the best process. And so, it goes.

Bend Parks and Recreation have agreed to put in posts at HHCG, to hold the numerous hoses we have throughout the garden. For many years we have thought it dangerous for the gardeners and visitors to have the hoses laying on the ground, in the middle of the pathways. Truly a tripping hazard. By the end of the month, we will hopefully have these posts installed, and ready for next year's gardening.

On a personal note, in last year's October 2021 HoeDown, I shared with you that I was going to try a new plant in my garden. Those who know me, know that I try to experiment with at least one plant I have never tried before. This is what I wrote:

*"I for one, will be trying a new plant in my garden. It's a Kalette, called "Autumn Star". They're a cross between Kale and Brussel Sprouts. They are bite-sized, loose heads of frilly kale lined up on Brussel sprout-type stalks. The mini kale florets are a beautiful green and purple bi-color with a mild, yet complex, nutty flavor. It's a long shot as the maturity date is 110 days!"*

The verdict is in! I knew the maturity date was working against me. If I could only leave the Kalette plants in my plot for another month, two or three maybe, I would have plenty of mini kale florets to harvest. But, with just 10 more days left at HHCG, harvest I must. I *DO* have florets to harvest, albeit small. What I didn't do was give each plant enough room. These plants are as tall as I am and at least 3 feet wide. (I grew some in my home garden, and as one might expect, the deer broke through my fence and ate with abandon, leaving me with only a small miserable looking stalk).

Other good news about this plant, the leaves AND the stalk *are* edible. Rumors have it that the stalk is the most flavorful part! It is also a beautiful plant to look at...greens and purples and quite statuesque!

If you like kale and you have the space in your garden and the time needed for maturity... I would give you a thumbs up for trying it in your own vegetable garden.



## Community Education Report

### Last education event of the year

We wrapped up our community ed season on Sat., Sept. 17, when JoAnne Abbott and I taught "Putting Your Garden to Bed" in person at Hollinshead.



We had a small but very engaged group of gardeners who kept us answering questions for another hour beyond the scheduled one-hour class. And then JoAnne put in even more time touring the community garden one-on-one with one of the students who had even more questions. And all this when JoAnne had just returned from a trip to Europe and was jet-lagged. You're my hero, JoAnne!

Although participants gave high ratings to the content and teaching, the accommodations were a source of complaint. It was still quite chilly at 10 AM and our spot for teaching, on the north side of the Hollinshead shed, in the Waterwise Garden, is heavily shaded. Nice on a hot summer afternoon, but cold on a fall morning. In the future when the weather turns cool we should find another spot, or move classes to afternoons. Or, as was suggested at the board meeting, give out OSU blankets!

Earlier in the week we had planned to present the same class on Thursday evening at Discovery Park community garden. But in consultation with Amy Jo and DP Garden coordinator Gary Weber, we decided to call it off because of the unhealthy smoky weather. But we were able to offer a link to a recording of last year's version of the class, which was taught on Zoom by Pat Kolling, Chris Miao, and Jennifer Gold. Nancy Glick also posted it on our web site. We're glad to be able to use all these tools to reach audiences in Central Oregon and even beyond.

Jan Even,

Vice President for Community Education

**Newsletter Notes: Deadline for submission of material to the HoeDown is 1st Friday after the board meeting. All articles, notices and other journalistic efforts are welcome and appreciated.** All information provided by the "HoeDown" is believed to be accurate but readers must assume all responsibility for their own actions based on this information. Occasionally a product or company may be named in an article but this does not necessarily constitute an endorsement of said product.

**Published by : COMGA** Send ideas & articles to: **HoeDown** Rocky Bessette, [rockyb820@gmail.com](mailto:rockyb820@gmail.com)

### OSU Extension Service Demo Garden



Shawna Larson was presented with the Trowel Award at the last work day for all her hard work in the Demo garden.

September 6th: Ahhhhhh, I love summer! Our workday started at a nice 69\* and sunny. Perfect day to be in the garden. (At least until noon) We tackled the many spotted spurge and other weeds in the AAS area. Shawna and Cher attacked the weeds in the pavers and Nathalie pulled the dandelions around the peripheral. Kris cut and cleared out the web worms in the crabapple tree. The annuals have grown and are very showy with all their blooms (Pictures were sent to our historian). We started deadheading, and the conversation went from "how much we're harvesting" to "how quickly this season has gone by". The cucumbers were ready to be harvested and we donated 8 pounds to Neighborhood Impact's Food Bank. Thank you to Vicky Kemp, Shawna Larson, Nathalie Smith, Lisa Nakadate, Cheryl Hinerman, Kris Knoernschild, Jan Even, Victoria Butler, Ed and Cindy Rinker, Ruth Mulligan, and myself.

September 20 th : The Zinnias and Marigolds are bright and beautiful! The 9 of us gathered that morning dressed in jackets and sweatshirts as the first of the cold weather creeps in. We started with harvesting the vegetables and collected 63.25 pounds to donate to Neighborhood Impact! Thank you, Toni, for dropping it all off. We donated potatoes, onions, 10 lbs. of fancy lettuce, blue pumpkins, green beans, cucumbers, corn, oregano, and sage. Pictures will be posted soon by our historian. Toni gave us a 10-minute class on the characteristics of corn and when it's ready to be picked. Thank you to Jill Kendall, Kathy Ketchum, JoAnne Abbott, Rocky Bessette, Kirsten Hinton, Tammara Waterman, Shawna Larson, Karen Rugg, Curt Millington and myself.

Karen Simonet



Amy Jo and Toni doing walkabouts in the demonstration garden as part of the lab for the Diagnosing Plant Damage class.



What kind of critter do you suppose she is trying to demonstrate?

Photos submitted by Mimi Thomas

## Fall Planting of Trees and Shrubs

by Ruth Mulligan

Have you been thinking about a new tree or shrub for your yard? Or, maybe you want to move a shrub. If so, you can plant a tree or shrub now before spring. It's all about the soil and the roots.

Fall planting of trees, and shrubs can encourage healthy root growth over the winter. The milder weather conditions of fall can help prevent transplant shock and water stress. Fall planting also gives the new plant time to establish the necessary root growth required to anchor it in the soil and time to build up nutrient reserves needed for healthy growth next spring.

Sandy soil, often found in Central Oregon, benefits from the addition of amendments. Amendments are additions to the soil that enhance its moisture-holding capacity, nutrient availability, or structure. Organic matter, such as compost that is mixed with the native soil, can increase the moisture-holding capacity of the dirt around the roots of the plant. You can also add amendments into the soil around the planting location. These should be mixed with the native soil and worked in as deeply as possible.

Now it's time to start digging. Dig a hole at least two feet wider than the size of the root system or root ball. A large hole will allow better root growth and is especially important in compacted soils. The planting hole should be the same width at the top and at the bottom. Rough up the sides of the hole and remove any rocks or debris. This is a good time to add amendments to the soil that you have removed. This soil will be used to backfill the planting hole.

Remember, if you are digging up and moving a plant from one location to another, try to keep as many of the plant roots as possible.

Now it's time to plant. Proper planting is the most important next step. Container-grown plants from a nursery or garden center often have roots growing around the inside of the container. After removing the container, gently straighten the roots. If they are not straightened, they will eventually girdle the plant.

Planting depth is critical. Carefully set the tree or shrub in the hole at the same depth or slightly higher than it was at the nursery or in your yard. Plant it with the root collar at ground level or slightly higher (two inches) to allow for settling.

Fill the hole with soil about half full, lightly tamping it with your foot to remove air pockets. Water the plant slowly to saturate the soil and remove any remaining air pockets, then finish filling the hole with more soil. The final level of the soil should be at grade. If there is extra soil, remove it, rather than mounding it around the plant.

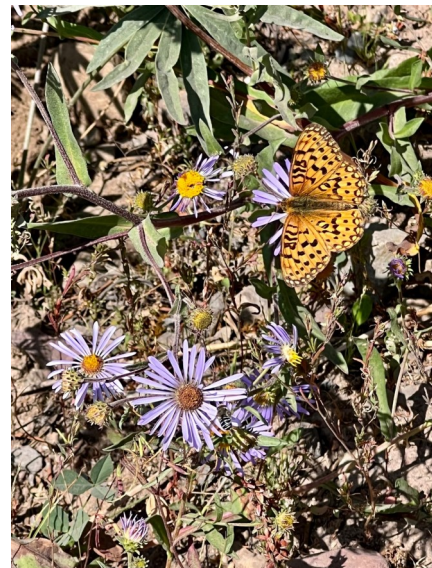
Contrary to popular belief, you don't need to fertilize trees or shrubs when you plant them in the fall. However, in the spring, you can use a slow-release fertilizer product.

Newly planted trees and shrubs require routine and thorough watering. Make sure the plant is well-watered for one to three weeks after transplanting. Add a layer of mulch around the base of the shrub to retain moisture and keep weeds from becoming established. During winter dry spells, when there is little or no snow on the ground, a deep watering every six to eight weeks will be enough to keep the plants from drying out.

## Western Mountain Aster

by Judy Shearer

Floristically when fall arrives, I think of asters. They are in full bloom right now at my house and they were at their peak when we visited Three Creek Lake in the Cascades a couple of weeks ago. The aster is either Western Mountain Aster, *Symphyotrichum spathulatum*, or alpine leafy bract aster, *Symphyotrichum foliaceus*. The two species are very hard to tell apart and where their ranges overlap in the Cascades they hybridize and share characteristics making positive identification extremely difficult for a non aster specialist which I am. The inflorescences arise from a basal rosette of leaves 2-5 inches long on short pedicles; stems leaves are sessile and somewhat clasping the stem. The heads arise singly or a few in an open cyme. Heads with leaflike egg shaped bracts subtend the violet ray and yellow to reddish disk flowers. The ray flowers number 15-60, violet to purple in color and 1/2 to 3/4 inches long. The two asters are native western species found from Alaska south to New Mexico and east to Colorado. The pollinator is a fritillary, probably a zereene fritillary in my best guesstimation.



Flower picture by Samantha Shearer

### References:

Fagan, Damian. 2019. Wildflowers of Oregon. Falcon Guides, Lanham, MD.

Meyers, S.C., T. Jaster, K.E. Mitchell, T. Harvey, & L.K. Hardison, eds. 2020. Flora of Oregon. Volume 2: Dicots A-F. Botanical Research Institute of Texas, Fort Worth, U.S.A.

Turner, M., and P. Gustafson. 2006. Wildflowers of the Pacific Northwest. Timber Press Field Guide, Portland, OR.

Oregon Wildflowers app.

## LOWDOWN FROM THE BOARD

October 6, 2022

The meeting was held in person and via Zoom.

**MEMBERS PRESENT:** Nancy Glick, President; Janet Dart, VP Master Gardener Education; Jan Even, VP Community Education; Tim Schindele, Treasurer; Marilyn Clark, Secretary; Mimi Thomas, Historian; Rocky Bessette, Communications Liaison; Jan Barron, OMGA Representative; Evelyn Cox, Alternate OMGA Representative; Liz Douville, Karen Simonet, Kirsten Hinton, Tammara Waterman, Judy Shearer, Elizabeth Brackmann, and Toni Stephan.

The meeting was called to order at 10:02 a.m. The board discussed the following:

The minutes of the meeting held September 1, 2022 were approved upon motion by Janet Dart and seconded by Rocky Bessette.

**OSU Report:** Toni Stephan gave the update. As per previous email reminders, any MG volunteers submitting hours for recognition night needed to have the Volunteer Reporting System input completed by yesterday, 10/5/22. Lisa Cowen is working on the recap, and has a large task ahead of her, with three years of hours to recap (due to COVID suspensions). For recertification purposes, you have through October to meet your requirements for Plant Clinic and demo garden. October Plant Clinic staffing sign-up is skimpy and there are plenty of opportunities if you need the hours. (There are many days with no one signed up.) Without volunteers in the clinic, it puts a lot of pressure on Lisa and Toni. Lisa Cowen has been hired in the new position of Outreach Program Coordinator. She started officially Sept. 30<sup>th</sup> and has moved into Toni's old office. OSU will be hiring to replace Lisa's position. Recognition night will be October 27th. The event is by invitation only, for those who got their hours in.

Toni still has her email address [toni.stephan@oregonstate.edu](mailto:toni.stephan@oregonstate.edu), but you can reach her after her contract is up at her personal email address at the COMGA website. Toni suggested we invite Lisa to future COMGA meetings.

### BOARD REPORTS:

**Treasurer's Report:** from Tim Schindele. The September report was previously distributed to the Board members and was displayed on the computer for those in attendance and those on Zoom. Noteworthy Items: we bought the \$10K CD last month, so we have less cash on hand, and may need to look at not renewing one of our CDs if we need money early next year. High dollar items discussed include Planters for Hollinshead, printing, and a storage shed at Discovery Park Garden. Annual PayPal fees are 4.5% of revenues

on average, due to some small charges such as the \$5 Spring Seminar classes.

**2023 Budget.** Tim has entered the budget requests from all the Committee Chairs and added minor admin. expenses. Tim also met with the Budget Review Committee. A few changes were made from the budget submissions in order to present a balanced budget. Nancy related that we generally do not budget for one-time, nonoperating expenses. Some were for capital expenses which can be submitted when needed, Examples: 1) Kirsten's \$4,500 request for building some new raised beds at Hollinshead. 2) Community Ed. Budget - \$3,500 for publication printing was removed because Amy Jo did not need the funds yet. We decided to leave the Home & Garden show on the budget vs. Community Ed. It was a poster she had purchased, not brochures. Tim thanked Natalie for setting up the DigiSigner form for the budget submissions. Upon motion by Marilyn Clark and second by Rocky Bessette, the 2023 Budget proposal was approved as submitted.

**Quarterly Meeting:** Janet Dart advised the group that the meeting will be held today at 11:30 in person and on Zoom, immediately following this Board meeting. We will be voting for our new officers and the 2023 budget. The election will be written, and the budget will be verbal. Some members have already voted online via Survey Monkey.

Our current slate of nominees is President - Janet Dart; VP MG Education – Tim Schindele; VP Community Education – Cheryl Hinerman; Secretary – Tammara Waterman; Treasurer – Marilyn Clark; Historian – Kris Knoernschild; Membership – Deborah Goodall; Communications – Rocky Bessette; OMGA State Rep. – Karen Simonet; Alternate OMGA Rep. – Evelyn Cox.

**OMGA Report:** Jan Barron gave the third quarter report. OMGA 2023 dues will continue at \$5, but expect an increase in 2024. The 2023 Budget was submitted, but a vote was postponed until Nov. They also discussed utilizing Zoom for quarterly meetings, versus in person to save on travel expenses. No decision yet. They also discussed a joint gardening conference and mini conference. No decision yet. The big issue is the classes at OMGA are not that different than local chapter classes. Sherry Sheng of the OMGA Advocacy Task Force is applying for a grant (with State legislature) to get money for the MG programs. OMGA is also working on By-Laws review. Next month should be more decisive. If you wish to view the OMGA Gardener's Pen publication, check our COMGA website, HoeDown page, scroll down to see Gardener's Pen link.

**Community Education:** Jan Even provided an update. For September, we intended to teach two classes on Putting your gardens to bed. Due to smoke, Discovery Park presentation was cancelled, so we offered it only at Hollinshead. It was outside, and cold that day. We did not have as many classes as we used to in the fall, due to COVID uncertainties earlier in the year. This class is on the website – COMGA Gardening News or Events. Janet Dart asked about in person classes vs. webinars.

**LOWDOWN FROM THE BOARD** Continued

Answer: We should strive to do both. Helpful to do in person, but we get more attendees for webinars. The pruning class was good for both. May need to adjust our times of day depending on the time of year and weather.

**Historian:** Mimi Thomas – Kris Knoernschild offered to run for it when Jenni could not. Thank you, Kris. Thank everyone for their help in gathering photos all year. She will be asking Jan Even for help with IT. Nancy stated that the idea of gathering photos from everyone was fabulous.

**ACTION/INFORMATION ITEMS:**

**Soil Thermometers** restocking request, presented by Karen Simonet. Background – We currently have 75 units. Most are kept in the OSU office for sale. For events, Karen plans to coordinate with project coordinators to ensure sufficient stock is on hand to sell at events. The type we have been stocking is called a Pocket Test and is about five inches long and has a range of -40 to 220 degrees, and shipping is free when we buy a quantity of 100 units. The last purchase cost was \$2.95 per unit. The cost for new purchases has increased to \$3.15 each. Karen has found an alternate thermometer with a range up to 160 degrees, which can be purchased for \$2.95. PreCOVID we sold 130 units per year. If we sell 130 per year, Karen recommends we buy the new model at \$2.95, it will cover us for 2023. She can order them in January at this same price. Toni recommends Karen order up to her budget (\$317) to get the price break. It was also noted that our policy states you can even exceed budget by \$50 without board approval.

**OPEN FORUM:**

Liz Douville discussed reinstating our old 50 cent fine if you forget to wear your badge to the meeting. The funds go to support 4-H program.

Hollinshead community garden proposal for new raised beds. The proposal and diagram were displayed on the computer and Kirsten discussed the proposal. Existing garden plots to be replaced are 58 – 60 and 70 – 72. Materials cost would be \$4,130 to build six new beds. We could use this project as a class on how to build a raised bed, and plan it for April next year. We discussed dimensions and accessibility. Kirsten will bring another option next month, eliminating two plots, and will add soil cost.

There being no further business, the meeting was adjourned at 11:35 a.m.

Respectfully submitted,

Marilyn Clark

**Quarterly Meeting**

October 6, 2022

The meeting was held in person and via Zoom.

**MEMBERS PRESENT:** Nancy Glick, President; Janet Dart, VP Master Gardener Education; Jan Even, VP Community Education; Tim Schindele, Treasurer; Marilyn Clark, Secretary; Mimi Thomas, Historian; Rocky Bessette, Communications Liaison; Jan Barron, OMGA Representative; Liz Douville, Karen Simonet, Tammara Waterman, Kirsten Hinton, Judy Shearer, Elizabeth Brackmann, Bruce Dart and Toni Stephan.

The Quarterly Meeting followed the monthly Board meeting and began at 11:42 a.m.

Janet Dart presented the slate of Board Candidates:

President – Janet Dart, VP Master Gardener Education – Tim Schindele, VP Community Education – Cheryl Hinerman, Secretary - Tammara Waterman, Treasurer – Marilyn Clark, Historian - Kris Knoernschild, OMGA Representative – Karen Simonet, Alternate OMGA State Rep. – Evelyn Cox

Appointed positions:

Communications Liaison – Rocky Bessette  
Membership Coordinator - Deborah Goodall

Ballots were distributed to members present at the meeting. Results of ballots submitted online via Survey Monkey were displayed and read by Janet Dart and those in person were tallied by Kirsten Hinton. With a vote count of 37, the Slate of Candidates was approved as submitted.

We discussed the 2023 Budget previously approved at the October Board Meeting, and voted unanimously to approve it as submitted.

Toni Stephan discussed the topic of "Putting your garden to bed." On Saturday, October 6th, she had sent out a link to several articles for members to read to facilitate discussion on what to clean up and remove. Especially what not to remove with the idea of supporting native pollinators and insects.

She related her 'Ahha' moment of the reduction in insects in general, and how we can support native bees and other insects when we are 'cleaning up' our garden at year end. We need to be mindful of keeping some habitat for them.

Toni lead a discussion on what gardeners can do to support your local wildlife. Some suggestions included: Keep some stems with flower heads as feed for birds and insect habitat. Research suggests some insects prefer the bottom twenty-four inches of a stem. Leaves are important for insects and amphibians, so leave some in a pile, jam them into spaces to retain them against the wind. Discussed ways to add a brush pile or rock pile to the landscapes. Considering HOA rules, you might disguise the pile by adding a rock feature or decorative log, place the pile under a shrub or make a decorative box in a corner containing sticks, stems, twigs, conifer cones, rocks, etc. With the reading of the email links and today's discussion, it counts as a half hour of advanced training. Meeting was adjourned at 12:20 p.m. Respectfully submitted, Marilyn Clark, Secretary



Green Thumb Travelers has partnered with Collette Tours for two Small Group Explorations tours to Great Britain and Ireland for Fall 2023. Seats are limited for these small, active tours that take 12-24 travelers off-the-beaten-path, stay in small boutique hotels, and seek out the culture, agriculture, food, art, and history of a region. These tours can be booked individually (one or the other) or you have the option to combine the two tours with an extra two nights in Edinburgh between the end of the Ireland tour and the beginning of the Scotland & England tour. These tours are rich in visits to world famous gardens, and 10% of trip fees go to Central Oregon Master Gardeners Association for community education programs!

The quickest and easiest way to book the tours is to use the link to the secure website and click on the SIGN UP NOW button. You can book both people sharing a double room all at once with this button. Both the airlines and Collette are offering discounts for early booking. One discount runs through September 30, 2022. It takes only \$600 deposit per person to reserve your place on a tour.

Countryside of the Emerald Isle is booked for August 27-September 5, 2023. \$4,479 double occupancy rate per person. See the website for the full itinerary and answers to all your travel questions.

<https://gateway.gocollette.com/link/1122729>  
The printable flyer is attached.

Journey Through Scotland and England is booked September 6-19, 2023. \$5929 double occupancy rate per person. See the website for the full itinerary and answers to all your travel questions. <https://gateway.gocollette.com/link/1122734> The printable flyer is attached.

Combination Tour: Please let me know if you would like to do both tours. You will need to fill out both online reservation forms with deposits on each tour. If you want trip insurance, buy that for each tour when you make the deposit. Collette offers a complete, no-fault cancellation insurance policy for \$399 per trip per passenger. It is the best in the industry: with this insurance, you can cancel for any reason up to the day before the trip starts and get a full refund (not a voucher). I highly recommend this insurance.

JJ and I signed up for both tours! Attached is the brochure that shows a savings of \$1109 when you book both tours back-to-back. Collette will adjust the final payment due with the combo price. The people combining both tours will fly into Dublin for the first tour and fly from Shannon to Edinburgh at the end of the first tour to stay two additional nights in Edinburgh before the start of the second tour. We will fly home from London at the end of the second tour. I am looking at the tour options for those extra days. Rest and Relaxation are also an option, of course!

The trip rate for each trip includes round trip airfare from Portland International Airport, round trip airport to hotel transfers, taxes, and round-trip shuttle service from the Central Oregon Master Gardeners Association offices at the fairgrounds (Parking Lot J) to Portland International Airport. If you have friends or family in other cities who would like to join us, Collette will be happy to price their trip from their nearby airport. Those travelers provide their preferred airport on the registration form.

For more information about the tours, contact Cher Hinerman, 503-750-7168

## AUTUMN GARDEN SOUP

Our Autumn Garden Soup recipe comes courtesy of Cooking Fresh with The Old Farmer's Almanac.



### INGREDIENTS

1 ham bone  
 1/4 cup chopped salt pork  
 1 clove garlic  
 several sprigs parsley  
 2 onions, chopped  
 2 carrots, peeled and diced  
 1 cup fresh shell beans\*  
 a few leaves each of mint, marjoram, basil, rosemary, and thyme  
 4 large tomatoes, peeled and diced  
 1/2 pound fresh spinach or other greens, trimmed and chopped  
 1 cup pureed winter squash or pumpkin  
 salt and pepper, to taste  
 grated cheese, for garnish

### INSTRUCTIONS

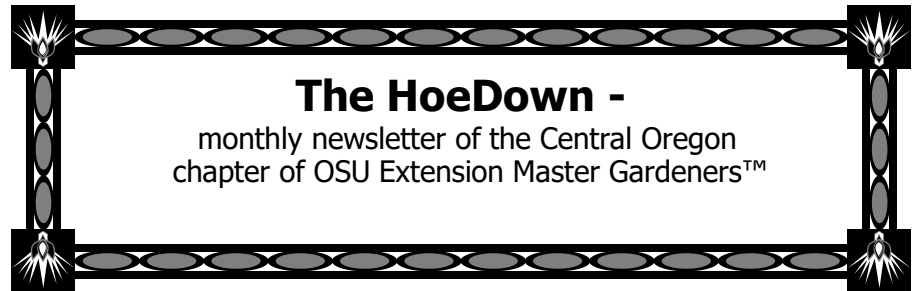
Put the ham bone into a large stockpot, cover with water, and simmer over medium heat for 1 hour. In a frying pan, cook the salt pork until the fat is released. Add the garlic, parsley, onions, carrots, and celery and saute lightly, without browning. Remove the ham bone from the pot and skim any fat from the stock. Cut off any bits of meat from the ham bone and return them to the soup. Add the onion and carrot mixture to the ham broth and simmer for 1 hour. Add the beans, herbs, tomatoes, spinach, and squash. Simmer for 30 minutes. Season with salt and pepper. Serve hot, with a sprinkling of grated cheese.

\*You can substitute for fresh shell beans with 1/2 cup dried navy beans or soldier beans cooked in unsalted water, or fresh green or wax beans.

Central Oregon Chapter of OSU Extension Master Gardeners™  
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Crook  
Deschutes &  
Jefferson Counties



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